

# YOUNG LIBRARY LINES



@KCU Young Library



kcu\_younglibrary

**November 1, 2024**  
**Volume 12, Issue 6**

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[Young Library at Kentucky Christian University KCU](#)

## Library Hours this Month:

Monday - Thursday:  
8AM - 10PM  
Friday: 8AM - 5PM  
Saturday: CLOSED  
Sunday: 3PM - 10PM

## Extended Hours: Open Till 11PM!

Monday, Nov. 18 -  
Thursday, Nov. 21  
&  
Monday, Nov. 25

## CLOSED - Thanksgiving:

Wed., Nov. 27 -  
Monday, Dec. 1



## Library Staff:

- \* Naulayne Enders
- \* Josh Blevins
- \* Ally Collins

## Call or Email!

(606) 474-3240  
[library@kcu.edu](mailto:library@kcu.edu)  
[nenders@kcu.edu](mailto:nenders@kcu.edu)

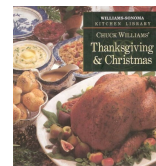
## Thanksgiving

If you asked a typical KCU student what Thanksgiving means to them, you may receive answers such as “no school” or “sleep,” which is understandable, considering how finals take place two days before the holiday. However, if you ask anybody else to pick three words that define Thanksgiving, I believe you will find the ones that get brought up the most are **family, food, and football!**

**Family:** Family coming together, celebrating one another, and cherishing the time they get to spend together is what makes Thanksgiving special. Families also work together to fix problems and help one another grow. This short story captures the most important elements of the holiday, and it is a quick read. So, check out Truman Capote’s novel, *The Thanksgiving Visitor*.



**Food:** Feasting is the most symbolic part of the holiday, and countless hours are lovingly dedicated to preparing a perfect meal. So, if you find that you’re hosting Thanksgiving this year, or if you are participating in a family potluck, let us help you bring your A-game with this themed cookbook from Chuck Williams, who helped author over 100 cookbooks and helped popularize French cookware in the US through his company, Williams-Sonoma.

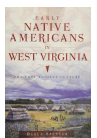
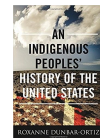
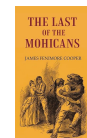


**Football:** Long before John Madden popularized the “turducken” during Thanksgiving Day football, the sport was already a traditional part of the holiday. It started with Yale vs. Princeton in 1876. It was later popularized by the NFL in 1934, with the Detroit Lions hosting the first professional Thanksgiving game; a tradition they have continued ever since. The Dallas Cowboys joined in on the action in 1966 and have also hosted a game nearly every Thanksgiving thereafter. This year, as grandpa takes a turkey nap, read up on fan fun facts and the most memorable moments from the Lions and Cowboys as you enjoy the games.



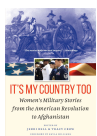
## Native American Heritage Month

Each November since 1994, we honor the first peoples of North America. It started with the work of Dr. Arthur C. Parker of the Seneca people. Continuous efforts at recognition culminated in the first proclamation of this heritage month by George H. W. Bush.



## Celebrating Democracy

November 5th marks the 60th presidential election in US history. Six days later, we celebrate Veterans Day and the brave men and women whose sacrifices have allowed democracy to thrive for 248 years. Explore our book picks below as we honor this special week in America.



## *Library Technology* *Helpful Hints*

This month, let’s utilize the timer on your phone to greatly improve your studying by using the “[Pomodoro Technique](#).” With final exams and projects looming, it’s important to make every minute count these next 4 weeks.

Use this technique for 2-hour periods of study. Set alarms to study for 25 minutes, then follow it with a 5-minute break. Repeat this cycle 4 times. If you need to study longer than 2 hours, take a longer break before starting again.

This study method is great if you have ADHD characteristics! Benefits of using this study method are increased focus during study periods, improved motivation, decreased burnout, and better retention of what you are studying.

### Advantages Of The Pomodoro Method



# NOVEMBER

## HOLIDAYS/EVENTS

- All November - Native American Heritage Month
- Nov. 3 - Daylight Savings Ends
- Nov. 5 - Election Day
- Nov. 11 - Veterans Day
- Nov. 25-26 - Final Exams
- Nov. 28 - Thanksgiving
- Nov. 27-Jan. 13 - Winter Break!